



SHARE



READ



TALK



PRAY



BLESS

FAITH



For the 7th week of Easter
Sunday, May 29, 2022



SHARE your highs and lows.

*What were the best/hardest parts of the day?
What brought you joy or smiles today?
What was sad or disappointing today?*



READ a Bible verse or story

Dive into God's Word. Returning to the same scriptures all week develops familiarity and spiritual focus.



TALK about how the Bible reading might relate to your highs and lows.

What might God be saying in our highs and lows? The responses may be different each day, as a different day's experience helps us hear God's Word differently.



PRAY for one another's highs and lows.

Light a candle, fold or hold hands, and call on God. Name your highs and lows before God. Ask for God's blessings, comfort, joy, strength, wisdom ... Speak anything else from the day or the week. Conclude with Amen, the Lord's Prayer, or a meal or bedtime prayer.



BLESS one another

*Speak words of God's promise to one another:
"Remember that Jesus loves you very much."
"The Lord bless you and keep you."
"You are precious in God's sight"*

Each time you gather to do FAITH5 read a Bible verse or story. FAITH5 works great when reflecting on the same verses or stories throughout the week. The passages listed directly below come from Sunday worship.

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| Bible Verse | You are witnesses of these things. - Luke 24:48 |
| SparkStory Bible | The Ascension, pg 498 |
| Bible Passage | Luke 24:44-53 |

If you need variety, other related readings for the week are:

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| Ezekiel 3:12-21 | Ezekiel at the River Chebar |
| Psalms 29 | The Voice of God in a Great Storm |
| Luke 9:18-27 | Peter's Declaration about Jesus |

Holy Moly Videos on Amplify Media

These videos are part of a children's curriculum called Holy Moly. Parents can use the video without the curriculum by first reading the Scripture in advance. Then, read the story in a children's Bible and watch the video with your children. Act out the story, ask questions about it, and/or use the FAITH5 outline to further explore this Bible story.

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| Jesus Ascends | Luke 24:36-53 |
| | Amplify Media List New Joy: FAITH5 |

If you are interested in the curriculum for at-home use, please contact Pastor Chris about ordering the materials.